Char Siew Bao/Char Siu Bao (Chinese BBQ Pork Bun) Recipe Ingredients for dough (makes 16 buns):

Bun

8g instant dry yeast 160ml lukewarm water ½ tsp white vinegar or lemon juice (optional)

280g low-protein flour aka hong kong flour 100g wheat starch 90g icing sugar 30g shortening or vegetable oil

10g baking powder 10ml cold water

Fillings

Δ

250g char siew, diced ½ tbsp cooking oil

1 tsp sugar*

1 small onion, diced

1 tbsp oyster sauce*

1 tbsp soy sauce*

1 tsp. sesame oil

1-2 drops red food colouring (optional)

В

150 ml water 1½ tbsp corn flour Salt to taste

*Some store-bought char siew comes with sauce, use it for preparing filling. Omit sugar, oyster sauce and soy sauce.

Method:

Fillings

- 1. Heat oil in pan, sauté onion for 1 to 2 minutes. Add in all other ingredients A, stir fry for 1 minutes.
- 2. Mix together water with corn flour, add mixture into the pan and stir well. Simmer until gravy is thickened.
- 3. Transfer to plate and allow to cool.
- 4. Divide filling into 16 portions if desired, set aside for later use.

Buns

- 1. Sift together flours and icing sugar. Place sifted flour mixture in a large mixing bowl and make a well in the middle.
- 2. Fill well with lukewarm water, vinegar and yeast. Use a spatula, gently stir the water to dissolve the yeast then slowly bring together flour mixture.
- 3. Add in shortening or oil and knead for 10-15 minutes until soft dough is formed. It should be smooth on the surface.
- 4. Cover dough with damp cloth and let it rise for 30 minutes or until it is doubled in size. I used bread maker's dough mode to prepare my dough up to this step.
- 5. Dissolve baking powder in cold water, sprinkle over dough and knead until well combined. Divide dough into 16 equal portions and flatten with a rolling pin to make a 3" circle. Then place a heap teaspoon of filling in the middle, wrap and pleat the dough to seal. Place it on a 1.5" square parchment paper, seal side up.
- 6. Arrange buns into a steamer, leave about 1" gab in between buns. Spray water mist over buns, and steam in a preheated steamer on high heat for 12 minutes. Remove buns from steamer and cool on rack to prevent soggy bottom.

Notes:

- 1. If bigger bun is desired, divide dough into 12 equal portions in step 5.
- 2. There is no need to rest the dough after adding in baking powder, but if time allowed, rest it for 10 minutes or so to get fluffier buns.
- 3. Adding a few drops of vinegar into steaming water will produce whiter buns, but this is optional.
- 4. Steamer must be preheated otherwise bun would not rise to the volume as it should be.
- 5. Spray the surface of bun with water mist helps to produce buns with smooth surface after steamed.
- 6. DO NOT open the lid during the steaming process.
- 7. If there are yellowish spots on the steamed buns, it means the baking powder is not fully dissolved.